

# Welcome Booklet





# Welcome



## Welcome in « Grun Golf House »

We are pleased to welcome you to Marina Verd 11 Golf Club Bonmont Terres Noves.

We welcome you and we hope you have had a good trip.

We have furnished and equipped the house early 2014 thinking overall about your comfort.

Do not hesitate to visit the house Marina Verd 11 and send any of your questions or suggestions.

You will find all practical and tourist information for a pleasant stay.

A guestbook is available to collect your impressions at the end of your stay.

We remain at your disposal as well as our friend Gloria who will be your main contact during your stay.

Happy holidays !

**Gloria Savall +34 639 46 67 58**

**Steve Grun +33 647 05 89 12**



## **Arrival:**

Gloria gave you 1 set of keys and a remote control for the electric gate of the residence.

As a reminder, in case of loss of a key or remote control, a lump sum of 100 € will be charged. You will find an inventory that we ask to check. Thank you for notifying any missing or specific deterioration.

## **Your departure :**

Thank you for leaving the house before 10:00 a.m. The cleaning at the end of your is included in the rental price. But we thank you in advance for :

- draining and throwing all the rubbish out.
- leaving all the dishes washed.
- turning off the heating in winter and the cool of in summer.
- closing all the shutters, windows and doors
- making sure that all linens (sheets, towels, tablecloths ...) are placed in the laundry

We wish you a safe return journey home and we hope to see you again in the future !

## Equipment list

### Living and dining room



- ✓ TV LED 40"
- ✓ Internet modem ADSL WIFI
- ✓ Sofa 6 seats
- ✓ Coffee table
- ✓ Bench seat
- ✓ 2 Sofa ends
- ✓ Bench Tv
- ✓ 1 Big table
- ✓ 6 Chairs
- ✓ Thermostat air conditioning / heating
- ✓ Books

### Kitchen



- ✓ Dishwasher
- ✓ Refrigerator and freezer
- ✓ 4 ceramic hobs
- ✓ Cooker hood
- ✓ Electric oven
- ✓ Microwave
- ✓ Coffee maker Nespresso
- ✓ Juicer
- ✓ Toaster
- ✓ Ice machine

### Laundry room

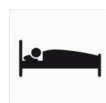


- ✓ Washing machine
- ✓ Vacuum cleaner
- ✓ Table and iron
- ✓ Broom
- ✓ Bucket and floor cloth
- ✓ Clothes drying rack
- ✓ Childcare equipment (baby lounger, changing mat, freestanding child bed)

### Rooms :

#### Room 1 :

- ✓ Bed double 180x200
- ✓ 2 Bedside tables
- ✓ 2 Bedside lamps
- ✓ Fitted wardrobe + hangers
- ✓ Air conditioning/heating thermostat
- ✓ A console + chair



#### Room 2 :

- ✓ 2 Beds 90x200
- ✓ 2 Bedside tables
- ✓ 2 Bedside lamps
- ✓ Fitted wardrobe + hangers

#### Room 3 :

- ✓ 2 Beds 90x200
- ✓ 1 Chest of drawers
- ✓ 1 Lamp
- ✓ 1 Chair

### Bathrooms :



- ✓ 3 Hair dryers
- ✓ Towels + bath mat
- ✓ 2 Bathtubs
- ✓ 1 Shower
- ✓ 4 WC
- ✓ 1 First aid kit

### Garden & Terrace



- ✓ Garden table with integrated extension
- ✓ 6 Chairs
- ✓ 4 Sun loungers
- ✓ Garden lounge
- ✓ 1 Charcoal barbecue + utensils

### Garage :



- ✓ Electric door + remote control
- ✓ Beach games and pool, ball, beach umbrella and chairs
- ✓ 1 table soccer
- ✓ 4 deckchairs for the pool
- ✓ Extension cords and power strips



## Use of Equipment



**Electricity** : The main circuit breaker is located at the entrance behind the frame of the golfer. In case the fuse blow, simply remove the frame and switch them on again.

**Air contioning/Heating** : You will find 2 thermostats. One in the living room and one in the bedroom 1. You will find a simplified explanatory note next to each thermostat.

**Hot water** : The hot water tank is in the laundry room. Hot water puts a little time to arrive.

**Household appliances** : Instructions for use for the main devices can be found in one of the drawers of the dining room sideboard in a black pouch. However, here are some details regarding the equipment.

**Internet** : The modem is set at the foot of the couch. In case of any problem, turn the modem off and on again.

**The WIFI connection code is: [zjffZ3sq](#)**

## Household garbage

You will find outside the residence in front of the house containers with selective sorting for your garbage.

## Rules of life

**We would be grateful if you could:**

- Take care of the facilities and equipment
- Be considerate of the neighbours by keeping noise to a minimum
- Smoke only outdoors and dispose of your cigarette ends in the ashtrays...





## Useful numbers

Gloria : +34 639 46 67 58  
House owner Steve : +33 647 05 89 12  
Fire emergencies : 112  
Local police : +34 977 838 873  
Red cross Miami Platja : +34 977 811 117  
Electrical company Endesa : +34 800 760 706

## Hospital

Hospital Sant Joan de Reus : +34 977 310 300  
Hospital Joan XXIII de Tarragona : +34 977 295 800  
Hospital Lleuger de Cambrils : +34 977 363 074

## Doctors & Dentists

### **Doctors in Mont Roig Del Camp**

Centre mèdic CAP - C. Dr. Segarra, 32 : 977 83 78 77

### **Doctors in Miami Platja**

CONSULTORI MÈDIC DR. PEIRÓ Av. de Barcelona (costat Creu Roja) : +34 608 835 742

CONSULTORI MÈDIC DR. AXEL MENKE Av. de Barcelona, 41 : +34 977 810 779

### **Dentist in Mont Roig Del Camp**

CLÍNICA DENTAL Pl. de Joan Miró, 12 bxs : +34 977 838 329

### **Dentist in Miami Platja**

DENTAL MIAMI Av. de Barcelona, 163 : +34 977 823 106

DENTAL KERN Av. de Barcelona, 64 : +34 977 170 397

CLÍNICA DENTAL Pl. de Tarragona, 3 : +34 618 101 015

## Chemist's

### **Chemist's in Mont Roig del camp**

Chimist GUILLÉN C. de Francesc Riba i Mestre, 11 : +34 977 837 702

Chimist MARTÍ Av. de Catalunya, 30 : +34 977 837 864

### **Chemist's in Miami Platja**

Chimist SOLÉ Av. de Barcelona, 158 : +34 977 810 221

Chimist SABATÉ Pl. de Tarragona, 8 : +34 977 170 044

## Garages and petrol stations

Petrol Bon area proche du mercadona : Poligono les tapies II, S/N – Hospitalet del infant  
 Petrol station Mont roig del camp - Calle Cra. N340, : +34 977 17 95 37  
 Petrol Carrer de Sant Pere, 5, 43890 Hospitalet de L'Infant, : +34 977 82 33 82  
 Garage Auto Sport Font - Av. Catalunya, 38 - 43300 Mont roig del camp, :+34 977837161  
 Garage Oscar Santacana Rayo - Av. Barcelona, 244 - 43892 Miami platja :+34 977810292

## Taxis & Transport

### **Taxi in Mont Roig del camp**

Taxi Agustin+34 609 451 250  
 Taxi Figueras+34 690 852 244

### **Taxi in Miami Platja**

Taxi Robles : +34 679 464 600  
 Taxi Gulin : +34 629 335 474

### **Bus**

Bus plana:+34 977 354 445 - [www.autocarsplana.com](http://www.autocarsplana.com)  
 Bus Hife : +34 902 119 814 - [www.hife.es](http://www.hife.es)  
 Bus Hispano Igualadina : +34 902 292 900 - [www.igualadina.com](http://www.igualadina.com)

### **Trains**

Information Renfe :+34 902 320 320 - [www.renfe.es](http://www.renfe.es)

### **Airport**

Airport Reus : +34 913 211 000  
 Airport Barcelona : +34 913 211 000

## Banks

### **Banks in Mont Roig del camp**

La caixa - Av. de Catalunya, 17 : +34 977 812 40  
 Banc Santander central hispano - Pl. de Miramar, 3 : +34 977 837 415  
 BBVA Av. de Catalunya, 7 : +34 977 837 087

### **Banks in Miami Platja**

La caixa - Av. de Barcelona, 140 baixos dreta. : +34 977 812 020  
 Banc sabadell atlantico - Av. de Barcelona, 81 baixos. : +34 977 172 941  
 Banco popular - Av. de Barcelona, 81 local 3 : +34 977 172 813  
 BBVA - Pl. de Tarragona, 3 : +34 977 810 205

## Post Office

Post office in Mont-roig del camp - Av. de Reus, 14 :+34 977 837 128  
 Post office in Miami Platja - Av. del Mar, 15 : +34 977 170 193

## Supermarkets

### Supermarkets

Consum - Carrer de l'Equador, esq. Carrer Bolívia, 43892 Miami Platja: +34 977 81 00 44  
 Mercadona – P.P La porrosa – Calle 9– 43890 L'hospitalet del infant : +34 977.59.41.30  
 Supermarcat Bonpreu - Av. de Barcelona, 48 – Miami playa : +34 977 172 051  
 Supermercat Caprabo - Pl. de Tarragona, 5 – Miami playa : +34 977 170 985  
 Supermarcat DIA - Av. de Barcelona, 140 baixos esquerra – Miami playa : +34 977 811 957



## Hyper markets

“Parc Central” Carrer de Vidal i Barraquer, 15-17, 43005 Tarragona  
 « La Fira » Avinguda de Sant Jordi, 6, 43201 Reus  
 Carrefour Tarragona adresse : Reus autoroute, km. 4 - 43080 Tarragona Téléphone: 902 20 20 00 - Ouverture des magasins : Lun au Sam : 10:00-22:00



## Markets

Friday morning in Mont-roig del Camp (C. Vinyols)  
 Saturday afternoon in Miami Platja (Av. Cadis)



## Restaurants

### **Restaurant in golf the Bonmont**

**Buba's** : av. dela Mar 43892 **Miami Platja** - +34 977 81 16 77

**Cappuccino** – Placa de la font, 39-41 – Tarragona - +34 977.22.29.56

**El Celler de l'Arbocet** - Urbanització Molí d'en Marc, Carrer Masferrer, 9, 43330 **Riudoms**  
 +34 977 85 00 82 - [www.cellerarbocet.com/](http://www.cellerarbocet.com/)

**La cuina d'en carlos**, Ctra – Llaberia Ermita de Santa marina **Pratdip** +34 977 262 095 -  
[www.lacuinaencarlos.net/](http://www.lacuinaencarlos.net/)

**Casa Gallau** – Carrer dels Pescadors, 25, 43850 **Cambrils** +34 977 36 02 61 - [www.casagallau.com/](http://www.casagallau.com/)  
**Acuamar** – Carrer del Consolat de Mar, 66, 43850 **Cambrils** +34 977 36 00 59 - [www.acuamar.com/](http://www.acuamar.com/)  
**Miramar** – Passeig miramar,30 43850 **Cambrils** +34 977 360 063 - [www.miramar-cambrils.com/](http://www.miramar-cambrils.com/)

**Restaurant casal** – C: de la creu,47 – 43747 **Miravet** - +34 977.40.72.23 – [www.restaurantpizzo.com](http://www.restaurantpizzo.com)

**El Cafe** – C/ Cosme toda s/n – 43311 **Vilanova d'escornalbou** : +34 649.591.226



# The golf of Bonmont Terres Noves



## The golf course

Bonmont was founded in 1990 by the Swiss businessman, Henri Ferdinand Lavanchy. He commissioned the world-famous expert Robert Trent Jones Jr. to design a first-class golf course to take advantage of the Mediterranean setting of Bonmont. The heart of Bonmont is the magnificent 18-hole/par 72 golf course in truly wonderful surroundings. The links has numerous natural and artificial hazards, impressive gullies, six rock-cut lakes, bridges, woods, more than 90 bunkers, and spacious, perfectly manicured greens. It also has a grass practice range. The layout of the course tests players of all skill levels with the enigma of its lines and borders. It is a true challenge created by the talent of Robert Trent Jones Jr. for your enjoyment here in Bonmont.

## Activities in bonmont



**Bonmont** a sports area composed of 4 padel courts, a clay tennis court, a tennis court, a pitch and putt of 9 holes. All these activities are paying. Access to the handball and basketball courts are free.



## The restaurant & lounge bar

The "Restaurant de Bonmont" located in the renovated pavilion offers Mediterranean cuisine with fresh quality products prepared by their own chefs. It is an elegant space, very pleasant and bright, with a unique view of the golf course and the sea and a large terrace.

The Lounge Bar: The service of the Lounge Bar is based on a quick service of breakfast, meals, but also tapas and sandwiches. The magnificent terrace of the restaurant is the ideal place to enjoy Mediterranean cuisine. A bar and a private room for playing cards or having a drink with friends are the perfect complement.





## Nautical sports

The Nautical Resort Costa Daurada is the most important nautical area of Catalonia. The Nautical Station offers more than a hundred water activities adapted to different ages, levels and possibilities. Activities such as kayaking, jet-skiing, scuba diving, windsurfing, kitesurfing, paddle surfing, parasailing, flyboarding ... the exclusive Tuna Tour, unique in the world, in which you practice snorkel surrounded by giant tunas in the sea or share a day with professional fishermen ...



## Road bike to Mont-Roig del Camp

Mont-roig del Camp and Miami Platja have a very good network of routes, ideal for cycling on the road. You will find via the link 7 proposals of circuits:

<http://www.mont-roigmiami.cat/fr/activitats/rutes-bici>



## Mountain biking in Mont-Roig del Camp

The Mont-roig del Camp BTT Center - Miami Platja, unique on the Costa Daurada, lets you discover on two wheels the beauty of our environment. The MTB Center offers 143 km of trails divided into 10 marked trails depending on the degree of difficulty. The tours depart from the Welcome Point, located in Mont-roig del Camp, which also offers a bicycle rental service for adults and children, child seat, bike wash, showers and tourist information in general. It is a leisure area designed for mountain bikers.



## Hiking in Mont-Roig and Costa Daurada

Here is via the link 7 Routes to do on foot in Mont-roig del Camp and Miami Platja.

<http://www.mont-roigmiami.cat/fr/activitats/senderisme>

The Costa Daurada is home to 2 natural parks: the Poblet Natural Park and the Serra de Montsant Park. These two areas, in addition to being particularly rich culturally are excellent hiking spots. We also note the 2 thematic GRs that are the wind route (GR 175) and the Cistercian route (GR 192). The path of the Mediterranean passes on the edge of the coast in Tarragona and Cambrils and combines walking and beach.

<http://randonnee.catalunyaexperience.fr/costa-daurada.html#carte>



## The beaches & coves of Miami Platja and Mont-Roig

One of the municipality's main attractions is its 12 km of coastline. On its tranquil beaches and coves you will discover a world of contrasts, textures and sensations on the fine, golden sand bathed by the warm, crystalline waters of the Mediterranean. The town has four beaches and coves 9 that will allow you to enjoy an unforgettable holiday with family.





## Theme parks



- 2 **Port Aventura and Ferrari Land** : This entertainment complex is one of the largest theme parks in Europe. You will travel through five different worlds, discover their customs, traditions, typical dances, you will enjoy their food and you can always enjoy the many attractions of the park.
- 3 **Aquopolis** : At Aquopolis, you can relax and refresh yourself with all the water attractions available to the park as the Black-Hole, Tracks Toves, Rapides, lake activities, the Kamikaze or Acquamania. The park also has a complex exclusively for smaller and a dolphinarium.
- 4 **Parc multi-aventure Bosc Aventura à Salou:**  
This family adventure and recreation park has more than 8000 m2 of surface where you can find different circuits of tree climbing, paintball and mini-golf.
- 5 **Riding stable**  
Equestrian activities for the whole family, from initiation to excursions for the most experienced
- 6 **Miami Rando Quad**  
[http://www.miami-aventura.com/#Excursion\\_Quad.G](http://www.miami-aventura.com/#Excursion_Quad.G)

### **Bowling Diverland**

Pol. Ind. Les Gavarres, Mestre Xavier Gols, 3B, 43006 Tarragona



## 7 Mont Roig del Camp

The infinity of nuances and contrasts, fruit of the mixture of the sea and the mountain, form the magic palette that captivated and inspired Joan Miró, the famous Catalan artist.

We advise you to go to the hermitage of the Mare de Deu de la Roca. Overlooking the valley, this site offers a magnificent view: Carretera Coldejou, s / n, 43300 Mont-roig

Other point of interest:

- Mas miro

[www.masmiro.com/](http://www.masmiro.com/)



## 8 Tarragone



Tarragona is a city with an ancient history. The former Tarraco, founded by the Romans, was one of the most important cities in the Mediterranean. This impressive Roman heritage, symbol of the current Tarragona was declared World Heritage by UNESCO. But Tarragona is not just only its Roman monuments: the city has also an important medieval past, a picturesque area fishermen, forests and natural protected areas, great traditions and popular culture ... and even more adventurous can descend into the largest urban cave Catalonia

[www.tarragonaturisme.cat/](http://www.tarragonaturisme.cat/)

## 9 Barcelona

This metropolis shines with its culture, its climate, its gastronomy, its legendary football team and especially his good humor. By its location, it exudes an air of perpetual holiday, with playful Gaudí houses cohabiting peacefully with Gothic architecture. Barcelona is a city full of historical monuments, buildings and unique places that are worth visiting: Las Ramblas, the Gothic Quarter, the Parc Güell, the juic Mount, the Sagrada Familia, the spectacle of magic fountains, Parc de la Ciutadella , Casa Amatller Josep Puig i Cadafalch, Casa Batllo and La Pedrera by Antoni Gaudí, Casa LleóMorera Lluís Domenech i Montaner ...

[w110.bcn.cat/portal/site/Turisme](http://w110.bcn.cat/portal/site/Turisme) - [www.barcelonaturisme.com/#](http://www.barcelonaturisme.com/#)



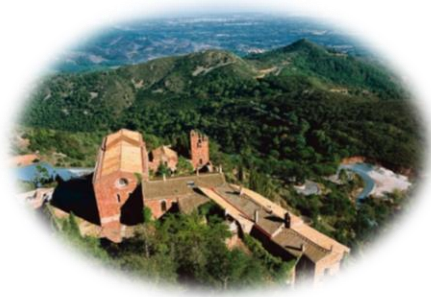
## 10 Reus

Reus gave birth to famous people in history as the famous architect Antoni Gaudi, the painter Mariano Fortuny, the sculptor Joan Rebull or General Juan Prim, among others, have led to a wealth of modernist buildings and a range of cultural activities and first-class facilities..



[www.reus.cat/turisme](http://www.reus.cat/turisme) - [www.reuspromocio.cat/](http://www.reuspromocio.cat/) - [www.gaudicentre.cat/](http://www.gaudicentre.cat/)

## 11 The castle of Escornalbou



A castle, a superb nature, impressive panoramic views of the countryside. That's what you'll find Château monastery of Sant Miquel d'Escornalbou located between Vilanova d'Escornalbou and Riudecanyes. The castle dates from the late twelfth century. and early thirteenth.

<http://patrimoni.gencat.cat/ca/castell-monestir-descornalbou>  
[www.mhcat.cat/](http://www.mhcat.cat/)

## 12

## The road to cister Monastery Poblet



This road formed by Cistercian monasteries of Poblet, of Creus and Vallbona de les Monges undoubtedly seduce you. You can admire the magnificent architectural ensembles filled with history and culture, located in a peaceful and green sites.

[www.larutadelcister.info/fr](http://www.larutadelcister.info/fr)

## 13 Siurana

The village of Siurana is probably one of the most beautiful views of the Costa Daurada, enthroned at 700m above sea level. The view of the mountains is beautiful. This small village, home to just under thirty inhabitants, is famous for its climbing site. Guests can go canoeing / kayaking on Siurana Dam Lake.

<http://www.turismesiurana.org/es>



## 14 Montblanc

The visitor will make a journey through time visiting the city of Montblanc. Thirty imposing crenellated towers stand on the walls surrounding the town. Religious buildings, military and civilian show the prosperity of the city in medieval times. Its winding streets provide a framework for the medieval Week which takes place in April, declared a Festival of Tourist Interest.

[www.montblancmedieval.cat/](http://www.montblancmedieval.cat/)  
[www.setmanamedieval.org/](http://www.setmanamedieval.org/)



## 15 Cova Museu of the font major

To discover what lies beneath the city of Espluga of Francolí, visit the Museu Cova de la Font Major and you will know the geological and prehistoric past of the town. This cave was discovered in 1853 through much of the city. The first 250 m run on a dry course, and then appears an underground river that emerges in the Font Major. This is one of the longest and most interactive world with 3590 m of galleries that will not leave you indifferent caves.

[www.covesdelespluga.info](http://www.covesdelespluga.info)



## 16 Natural Park of the Ebre Delta

The Natural Park of the Ebro Delta is the largest wetland in Catalonia is one of the largest in the Mediterranean region. The mouth of the river of algebra which gives its name to the whole of our land is a natural park of first order with a richness in flora and fauna that makes it unique and exceptional.

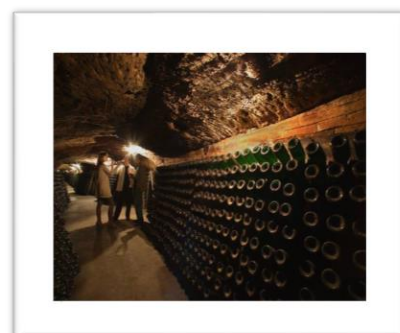
[www.terresdelebre.travel/](http://www.terresdelebre.travel/)



## 17 Priorat (Road caves)

To appreciate the colors of wine, or simply to enjoy a tasting of the wine landscape, Caves Road Priorat offers visit different wineries DOQ Priorat and the DO Montsant for you to taste the wines of high quality and personality developed in this country.

[www.turismepriorat.org](http://www.turismepriorat.org)



## 18 Miravet castle

The gigantic silhouette of this medieval castle in excellent condition, of Arabic origin, but who belonged to the Order of the Temple stands above the waters of the Ebro.

<http://www.turismemiravet.cat/>



## 19 Park sama

If you want to walk in a romantic Mediterranean garden of the nineteenth century, do not miss to go to Parc Sama. It is a place that recreates the romantic atmosphere of the Cuban colonial era. Notice the house, the lake and turn rock, surrounded by a botanical garden covered with exotic vegetation from this remote island.

<https://parcsama.es/>



## 20 Natural Park of the Serra del Montsant

This chain of mountains, marked mystical symbolism, offers visitors through its landscape footprint of human activity related to an important natural heritage which includes a variety

<http://parcsnaturals.gencat.cat/ca/serra-montsant>



## 21 L'Ametlla de Mar

L'Ametlla de Mar one of the most beautiful Catalan villages in the Terres de l'Ebre with its superb fishing port.

<http://www.ametllamar.cat/turisme/>





Steve wishes you an excellent stay in  
Grun Golf House

